



HAPPY FATHER’S DAY

We would like to extend to all our associates that are fathers a very Happy Fathers’ Days this month! We know and understand the difficulty of balancing a career on the road with family time. We work hard to make sure that you get the quality time that you require and appreciate the sacrifices that you make throughout the year to deliver our customers’ products in a safe and timely manner. Enjoy your day and thank you for all you have done and continue to do.

SAFETY AROUND THE TRUCK

As we move into summer, we do not want to disregard safety in and around the truck. We don’t have the slippery conditions, but accidents can still happen if we are not careful. When entering and exiting the truck, we should always maintain 3 points of contact, 3 limbs in contact with the vehicle at all times. Be deliberate when entering and exiting the cab and don’t carry anything with you, place it on the floor or the seat before entering or exiting. Always face the truck when entering and exiting. Keep an eye out for diesel spills when fueling; they can be very slippery!

“Walk don’t run!” I am sure you have heard that before growing up. How true! Establish firm footing with each step - particularly as we age! Don’t let your cell phone distract you now that you are out of the truck. Your eyes need to be scanning where you are going and what is around you.

When raising and lowering the landing gear, make sure you are balanced. Use proper body position and 2 hands. Being off balance can cause you to strain your back or have the handle slip. Make sure you are in the right gear to ease any stress. Keep you face away from the handle should it slip. We would hate for you to lose your smile!!

Although we do not typically handle freight, get as close to the object as possible and lift with your legs. This is called the Power Zone between

DRIVER CORNER



Tim Arneson started driving back in the 80’s but interrupted it to work as an electrical contractor owning his own business for 23 years before jumping back into trucking in 2018. His advice to other drivers is to do your best to get along with shippers and receivers, stay rested, and exercise. His family is the most important thing to him. He has 3 grandkids and 2 great grandkids. He also enjoys riding his Harley and walleye fishing. Thank you for your hard work, Tim!

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CSA SCORES

Category	Measure	Percentile
Unsafe Driving	1.83	18%
Crash Indicator	0.30	69%
Hours of Service	0.75	62%
Maintenance	3.57	51%
Controlled Substance	0	0%
HAZMAT	1	< 5 HM placardable vehicle inspections
Driver Fitness	0.00	0%

Incidents of damage in the past month – 3 nonpreventable:

- Minivan merged and hit Terminal Truck
- Car hit Truck at Truck stop
- Deer Strike

Safety Bonus Program

10,500 miles	10,500+ miles	\$200
11,500 miles	11,500+ miles	\$200
Moving MPG	Determined threshold	\$50
Long idle %	Under 20%	\$50
HOS compliance	0 violations	\$50
No citations, accidents, incidents	0 issues	\$50
\$600 monthly! \$7200 yearly!!!		

mid-thigh and mid-chest. Bend at the knees and lift with your legs not your back. Reaching and moving is a good way to strain a back. This can happen when you are hooking airlines or sliding tandems. So be careful and deliberate.

Another area to watch is when you are opening the doors of the truck or trailer. Spring and summer can offer windy days. Notice the wind and don't allow the doors of the equipment to "Fly Open". This can lead to the doors of the trucks springing open and hinges getting bent so that the doors will not close properly. Trailer doors can take you for a ride or come crashing back into you. Again, be mindful of the weather conditions and use common sense. We do not want any one hurt on a windy day.

IDLING

We are moving into a time of the year with weather cooling off. What does this mean? **It is time to shut your trucks off at night to reduce idle!!** We have a number of drivers that are doing that, which improves your MPG dramatically, but more importantly, it reduces long term wear and tear on the engine. The new engines are not designed to operate at low temperatures and when they do, they carbon up more quickly. As they do it, the engines are forced into more re-gens to burn the excess carbon. In that all the carbon is not burned in the filter, the particulate filter will pre-maturely need to be replaced or cleaned, adding to the operational expense of the truck. Now is the time to take advantage of the weather and reduce you idle over the next several months.

Another item to remember to let your engine cool down prior to shutting off the truck is at the end of the day. This allows the turbo to slow down & cool before shutting off the engine and starving the turbo of oil. Remember to remove winter fronts, and we know as we move into July & August temperatures will increase and you will need to run the engines to keep trucks cool. Let's use common sense. Thank you.

ECO STINGERS

In 2022 we are continuing to work to improve our fuel efficiency and stability by installing more Eco Stingers on our 2022 series and other later model trailers. We have a number of sets on order through Eco Stinger but they are currently in a model year transition and design with other supply chain issues so we are hoping to continue that project in the late second and beginning the 3rd quarter. Once installed studies have shown

to increase fuel economies between 9 & 11.5% which - with today’s diesel fuel prices pushing \$5.60+ - can reduce costs significantly. We plan to retro fit trailers in model years 2017 through 2022. Currently half our fleet have had the eco stingers installed.

DIESEL FUEL

In a recent article in Transport Topics May 23 issue, higher diesel fuel prices are being propelled by exports and refining capacity. The US is exporting over 1 million gallons of diesel a day to Latin America & Europe due to tightening supplies from Russia. Furthermore, since the Pandemic, at least 13 refineries have shut down. These refineries represent almost 7% of the entire country’s production of gasoline, diesel & jet fuel. Even though oil companies and refineries are reporting record profits, few are eager to update these older facilities, spending tens of millions of dollars to comply with new environmental and safety regulations that are now mandated. Furthermore, the green energy push is a head wind to that investment.

In addition, worldwide production has declined 2.13 million barrels per day. Oil industry analyst say, “The big picture on diesel is a slow-moving nightmare. We have closed a lot of refineries and those were big producers, there is a global shortage of capacity and we are losing the capacity faster than we can replace it. There is no easy answer!”

MARYLAND HEIGHTS, MO

Drivers - this has now turned into a drop and hook. The trailer needs to go into the same dock that our trailer is in currently- so you are required to do a double drop and hook. Comments are in the system to reflect this.

Driver must open trailer doors – bills in the back end of the trailer.

This picture shows **WHAT NOT TO DO**. The trailer should be where the forklift is. If you have questions - ask.



**ROADSIDE INSPECTIONS
LAST MONTH:**

Three bad roadsides:

- Speeding
- OOS – Chafing Airline
- Log violation for incorrect shipping # on log

We had 5 clean roadsides last month. Thanks to **Darrien Mayfield, Joanna Carney (2x), Kenneth Eastwood, Corbett Charpentier.**

Citations (3):

Long Idle Cost Last month:

*# of Gallons Burned: 1401
Average Fuel Cost: \$5.53
\$\$ Wasted: \$7748*

This is **over \$250 per driver** – wouldn’t you rather have this money as a bonus? Do your best to reduce your idle times.

RECENT HIRES

Clint Mooney

Richard Holden

Remember there is \$700 in Driver Referral Bonuses!

BIRTHDAYS & ANNIVERSARIES

Mike Ben – 6/12

Darrien Mayfield – 6/20

Babette Seidel– 6/21

Thank You for Being a Part of Our Team!

GET WELL SOON

Our thoughts are with **Russ Johnson** and as he heals from his surgeries. **Kenneth Eastwood** has returned to work, but continued prayers as he continues to recover!

TOP DOG QUIZZES

Every month, TLC releases a safety quiz called the TOP DOG QUIZ. They can be found at <https://www.tlchrconnect.com/Quizzes> Every quarter that you complete the quizzes, you get a \$20 bonus from TLC. Additionally, drivers are entered into the Top Dog award program after successfully completing a safety quiz each quarter. This earns a chance to win \$10,000. According to TLC the odds are approximately 1/355.

Monthly quizzes cover safety topics presented in the TLC driver newsletters. Drivers must also be in good standing and accident/injury free to qualify for the grand prize.

SAFE DRIVER WEEK

Operation Safe Driver week for 2022 is set for July 10-16. During Operation Safe Driver Week, law enforcement agencies engage in heightened traffic safety enforcement aimed at combating unsafe driving behaviors by both commercial motor vehicle and passenger-vehicle drivers, issuing warnings and citations to drivers engaging in unsafe driving behaviors, such as *speeding, distracted driving, following too closely, improper lane change, drunk or drugged driving, etc.* **The focus area for Operation Safe Driver Week is speeding.**

Speeding continues to be the number one driver citation and warnings during CVSA’s Operation Safe Driver Week, with 1,690 citations and 2,549 warnings for speeding in 2021.

Speeding of any kind was the most frequent driver-related crash factor for drivers of commercial motor vehicles and passenger vehicles and was a factor in 26% of all traffic fatalities in 2018, killing 9,378 people or an average of more than 25 people per day.

Last year’s Operation Safe Driver Week saw passenger vehicle drivers receiving nearly three times as many warnings and citations (32,121) as commercial motor vehicle drivers (10,736 warnings and citations).

During this week pay special attention for speed traps and unmarked vehicles, have your permit books and logs ready to be inspected.

This reduction in crashes is a major reason law enforcement has backed and promoted CVSA’s focus on speeding and the message, **“Late won’t kill you, speeding will.”**

